



ADULT CAMP PREPARATION GUIDE

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Welcome to IMG Academy! Below you will find your pre-arrival checklist and camp preparation guide. This has everything necessary for a smooth check in experience and is a reference for all information and resources during camp. We're excited to welcome you to campus!

- ☐ **CONFIRMATION AND INTRODUCTION EMAIL**
Check your confirmation email to make sure your purchase is accurate. Your confirmation includes your sport package, dates attending, and all information regarding your purchase policy. This was sent in the same email as your introduction email and this camp preparation guide.
- ☐ **CONNECT WITH YOUR CAMP SUPPORT SPECIALIST TO REVIEW THE DETAILS OF YOUR CAMP**
An IMG Academy Customer Support Specialist will be your resource before and during your camp experience. [Click here](#) to schedule a call with your Support Specialist, Jessica Jones.
- ☐ **PRE-PURCHASE CAMP ESSENTIALS / UNDER ARMOUR GEAR PACKS**
IMG Academy has made the packing process simple with suggested items and bundles available on ShopIMG. Pre-purchase these items to ensure you have everything you need for camp. Visit [pg. 7](#) to learn more.
- ☐ **SCHEDULE TRANSPORTATION IF NEEDED**
IMG Academy offers transportation to and from several local airports. Visit [pg. 8](#) for more details.
- ☐ **SET UP ACCOMMODATIONS**
IMG Academy offers a variety of options for the single traveler or the entire family. Check out Legacy Hotel [through this link](#) to learn more! You can also visit our [pg. 8](#) for a full list of options.
- ☐ **GET FAMILIAR WITH CAMPUS**
Get to know IMG Academy's campus in Bradenton, FL before you arrive for your camp program. [Click here](#) for an interactive campus map. Please note IMG Academy offers a tram service to help you navigate campus. There are various clearly marked tram stops throughout campus.
[Accommodations and Travel Information](#)
[Explore Florida](#)
- ☐ **GET READY FOR CAMP**
You are almost there! Please familiarize yourself with campus by viewing the map of [IMG Academy](#), non-boarding information [pg. 4](#), and All-Inclusive information on [pg. 5](#)



NON-BOARDING ADULT CAMP INFORMATION

THE FOLLOWING PROVIDES INFORMATION THAT IS DESIGNED TO EQUIP YOU WITH THE KNOWLEDGE TO PLAN AND PREPARE FOR A SUCCESSFUL STAY.

CHECK-IN

Check-in will be held at the Campus Center. We encourage you to check in **45** minutes prior to the start of camp. You will receive more information from your Camp Support Specialist 5 days after registration and a welcome email a week before arrival.

- **Parking:** Campers with reservations have on-campus complimentary parking and do not need a parking pass.
 - Airport transportation can be found on [pg. 8](#)
- **During Check-in** campers will receive the following: ID Card and sport schedule
- **We encourage** all campers to take time after checking in to walk around and familiarize themselves with campus.
- Participants must sign and complete a **waiver and agreement** upon checking in.

Late and early arrivals due to travel will be accommodated upon discretion. Please notify the Camp Support Team so that they can adjust your reservation accordingly and notify the appropriate staff members.

CHECK-OUT

Adult campers do not have a formal checkout process. Once your final sport session has concluded, your camp experience is complete.

HELPFUL TIPS

How long will check-in take?

Check-in should take less than 1 hour. Accommodation and camp check-in are separate processes, so please allow enough time for each depending on your camp experience of choice

GENERAL DINING INFORMATION

Lunch is included in all camp packages and will be provided to campers after their morning session at the Icon Hotel Eatery. Shuttle services will be provided from sport to the hotel for lunch. Breakfast and dinner are provided for an additional cost at the Icon Hotel Eatery.

Icon Eatery Hours

6:30 am-11:00 pm

Brick Oven - Located in the Campus Center. An authentic Brick Oven experience in less than three minutes. Choose from 20 different toppings to create your pizza the way you like it. Brick Oven also offers calzones, chicken parmesan sandwiches, and a meatball sub you have to see to believe. *Open 11 am - 8:30 pm daily**

La Boulangerie - Located in the Campus Center across from the Campus Desk. La Boulangerie features delicious bites and crafted hot or iced beverages from our on-campus bistro. Serving Kahwa Coffee, pastries, light bites, and sandwiches for your active and on-the-go lifestyle. *Open from 7:30am - 2:30pm daily**

Blended - Located at the Activities Park. Refuel, Rebuild or Recover with a smoothie from our newest dining option, Blended! *Open from 11am-10pm daily**

IMG Golf Club - Just minutes from the IMG Academy campus, the IMG Golf Club features an 18-hole championship golf course, multiple practice areas, grille room and bar, and fitness room. Visit www.imgacademygolfclub.com for more information on hours and dining.

***These times are subject to change. Campers will be notified of any changes in operating hours.*



ALL-INCLUSIVE ADULT CAMP INFORMATION

THE FOLLOWING PROVIDES INFORMATION THAT IS DESIGNED TO EQUIP YOU WITH THE KNOWLEDGE TO PLAN AND PREPARE FOR A SUCCESSFUL STAY

*All inclusive packages include hotel, camp, breakfast and lunch at the hotel

*Included in Stay and Play, Players Getaway, and Champions Retreat

**Only campers that have Players Getaway and Champions Retreat packages are eligible for Therabody Wave Solo

CHECK-IN

Campers staying at Legacy Hotel will need to check-in to their room at the Legacy Hotel. Camp check-in will be held at the Campus Center. We encourage you to check into camp the day of your arrival, if possible, or 30 minutes prior to the start of camp. You will receive a welcome email a week prior to your arrival.

- **Parking:** Guests who have reservations with us do not need a parking pass. Parking is complimentary for Legacy Guests. Parking is complimentary to all adults who have reservations with us.
 - Airport transportation can be found on [pg. 8](#)
- **During Check-in,** campers will receive the following: ID Card and sport schedule
- **International Boarding Participants** are encouraged to hand in their passports at the Campus Center for safekeeping upon check-in.
- **We encourage** all campers to take time after checking in to walk around and familiarize themselves with campus.
- Participants must sign and complete a **waiver and agreement** upon checking in.

Late and early arrivals due to travel will be accommodated as needed. Please notify the Customer Support Team so that they can adjust your reservation accordingly and notify the appropriate staff members.

CHECK-OUT

Adult campers do not have a formal checkout process. Once your final sport session has concluded, your camp experience is complete. Check-out from the hotel is at 11am. If you need to coordinate late checkouts for the hotel, please do so through the front desk of Legacy Hotel.

HELPFUL TIPS

How long will check-in take?

Check-in should take less than 1 hour. Accommodation and camp check-in are separate processes, so please allow enough time for each depending on your camp experience of choice

GENERAL DINING INFORMATION

Breakfast and lunch is included in all camp packages. Breakfast vouchers can be picked up at the front desk of the Hotel. Lunch will be provided to campers after their morning session at the Icon Hotel Eatery. Shuttle services will be provided from sport to the hotel for lunch. Dinner is available for an additional cost at the Icon Hotel Eatery.

Icon Eatery Hours

6:30 am-11:00 pm

Brick Oven - Located in the Campus Center. A true Brick Oven experience in less than three minutes. Choose from 20 different toppings to create your pizza just the way you like it. Brick Oven also offers calzones, chicken parmesan sandwiches and a meatball sub you have to see to believe. *Open 11 am - 8:30 pm daily**

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***These times are subject to change. Campers will be notified of any changes in operating hours.*

WHAT TO BRING TO CAMP

TRAINING ESSENTIALS

Need help packing? See below for our general and sport-specific packing lists.

[EXPLORE SHOPIMG.COM](#)

You can find suggested gear packs and camp essentials packaged at [ShopIMG.com](#) as well as on [pg. 7](#). Contact the Customer Support Team to pre-purchase these items, so you have everything you need to maximize your training on and off campus.

GENERAL ITEMS TO BRING

| | | | |
|-----------------------------|-------------------|------------------|---------------------|
| 8-10 pairs of shorts/skirts | Running shoes | Sunscreen/lotion | Insect Repellent |
| 8-10 pairs of socks | Swimsuit | Water jug | Lightweight jacket |
| 8-10 shirts/tops | Beach/bath towels | Laundry bag | Personal toiletries |

SPECIFIC ITEMS TO BRING BY SPORT

| | | |
|--------|-------------------------------|----------------------------|
| TENNIS | Tennis shoes (2) | Shorts (10) |
| | Sunglasses | Sport towel |
| | T-shirts (12) | Rackets (2-3) |
| | Socks (10 pairs) | |
| GOLF | Golf clubs | Golf tees |
| | Collared golf shirts | Collapsible stand golf bag |
| | Golf shoes (with soft spikes) | Visor/hat |
| | Golf balls | Training shoes/sneakers |

The items above are based on a one-week stay. Participants staying multiple weeks will need to adjust this list to accommodate their stay.

We offer **items for purchase** such as towels, water bottles, and more! Please go to [ShopIMG.com](#) to purchase these items or you can also purchase them upon arrival on campus at our Campus Center Bookstore.

Valuables: Participants should lock away any valuable items (cell phones, money, etc.) for safety. IMG Academy is not responsible for any lost or missing items. It is recommended that electronic, expensive, or unnecessary items not be brought to camp. All personal items should be clearly marked in indelible pen.

Lost and Found: Items are kept behind the Front Desk in the Campus Center.

Hotel - For items lost in the hotel, check with the Front Desk. If you've already departed, IMG will hold items in lost and found for 30 days. If you'd like the item shipped back to you, we will need a credit card to process shipping charges

Golf Building - Items will be left at the front desk, or contact your instructor

Tennis - Check with your instructor regarding lost items

LAUNDRY AND LINENS

Legacy Hotel offers a dry cleaning service for guests. There are laundry slips and bags in each room. Guest will fill out and return the laundry to the front desk, and Legacy Hotel will send the laundry out for a 24 hour turnaround. For more information regarding laundry, feel free to contact the Legacy Hotel.

HELPFUL TIPS

[Can I ship my luggage or sport equipment to IMG Academy?](#)

Yes, you can! You will just need to address the package as follows: Camper's Name c/o IMG Academy 5650 Bollettieri Blvd Bradenton, FL 34210

If you do decide to mail your luggage or equipment, please contact your Customer Support Specialist.



RETAIL

Campus Center Bookstore - The Bookstore is located in the Campus Center on West Campus. The Bookstore is fully stocked with IMG Academy merchandise, training gear, Gatorade, workout accessories and snacks.

SHOPIMG.COM
IMG ACADEMY OFFICIAL ONLINE RETAILER

UNDER ARMOUR GEAR BUNDLE

Contact your Customer Support Specialist to pre-purchase your Under Armour gear packs prior to your arrival. If you are wondering what to bring, ShopIMG.com offers official IMG Academy Under Armour training packages that can be viewed online before you arrive so that you have everything you will need to maximize your training on and off campus. **Please note: gear packages are only available for purchase online and through your Customer Support Specialist. They are not available in store.**

[VIEW ALL PACKAGES ONLINE](#)



Core Package (Women/Youth)

\$220.00*



Elite Package (Women/Youth)

\$380.00*



Champion Training Package (Women/Youth)

\$315.00*



Core Package (Men/Youth)

\$220.00*



Elite Package (Men/Youth)

\$380.00*



Champion Training Package (Men/Youth)

\$315.00*



ENHANCE YOUR CAMP EXPERIENCE

TRANSPORTATION

Transportation to and from a selected airport may be arranged through the IMG Academy Transportation Department. Please make all travel arrangements at least **3-4 weeks** in advance.

Sarasota/Bradenton Airport - \$45*

Tampa International Airport - \$130*

*Please note there may be additional charges

Prices listed above are for one-way service by a sedan and are subject to change. If a larger vehicle is desired, please connect with your Customer Support Specialist

Please contact the Transportation Department for additional information:

Phone: (941) 752-2568

Fax: (941) 752-2630

E-mail: transportation@img.com

You can arrange transportation with your Camp Support Specialist or by clicking the link below. You will need to provide the name of the airline, flight number, airport, and arrival/departure time and date for the airport. Please create and submit separate entries for each arrival & departure.

HELPFUL TIPS

[How much does transportation cost?](#)

The cost is dependent on the distance that the airport is from IMG Academy.

[What about Parking?](#)

If you're staying at Legacy Hotel, we offer complimentary self parking or \$10/night valet parking.

[Which airports are closest to IMG Academy?](#)

The closest airports are: Sarasota (SRQ) and Tampa (TPA). Transportation from any other airport will have to be discussed with the Customer Support Team at campservice@img.com.

BOOK TRANSPORTATION

ACCOMMODATIONS FOR THE ENTIRE FAMILY

Legacy Hotel at IMG Academy: Located steps away from the world-renowned IMG Academy, [Legacy Hotel](#) is a lifestyle boutique hotel available to families, parents, and guests. Amenities include a resort-style pool, fitness center, Icon Eatery & Bar, grab & go meals, and more. Legacy Hotel is just minutes from Bradenton, Anna Maria Island, and Sarasota and allows guests to enjoy both the on-campus programming and local area attractions.

Operated by Legacy Hotel, [Academy Park Villas](#) are apartment homes that are fully furnished and include a common area with a large screen TV, a laundry room with a washer and dryer, and a full-size kitchen. Academy Park Villa guests have access to all of the same amenities as hotel guests, such as the resort-style pool and fitness center, while staying in either a **three or four-bedroom apartment**.

Conveniently located on IMG Academy's East Campus, [The Lodge](#) provides an ideal accommodation option for guests. Comfortably-appointed rooms and suites offer a wide range of features, from our ultra-convenient **single clubrooms to our spacious three bedroom suites**.

If you are interested in booking the Legacy Hotel, Academy Park Villa or The Lodge, contact your Customer Support Team at campservice@img.com.

Check-in for both the Villas & The Lodge will be at the Legacy Hotel as well.

[Visit Accommodations and Travel](#) on our website for more information and to book your stay.

Note: Pets are not allowed on campus with the exception of service dogs.

BOOK TODAY FOR
10% OFF
& FREE BREAKFAST

USE PROMO CODE:
CAMPERS



LEGACYHOTEL
AT IMG ACADEMY

BOOK NOW



ENHANCE YOUR CAMP EXPERIENCE

HELPFUL TIPS

1. **Bring a notebook** to record what you learn, as well as what you want to continue to improve upon when you return home.
2. **Practice** - Play as much of your sport as you can before arriving to camp. This will prepare you for the intensive training ahead of you.
3. **Train** - It would be beneficial for you to start a personal conditioning regimen prior to arrival. You will benefit and enjoy the program more if you are in good shape.

Note: Check with your doctor before starting any physical conditioning or exercise.

Those that are enrolled in our camp programs are eligible for private instruction. You can purchase private lessons in your sport, mental conditioning, nutrition and performance training. Pricing varies depending on the lesson and who your instructor is. For more information on private lessons, please reach out to your Camp Support Specialist.

Locker room access is available for our adult campers. Please contact your Camp Support Specialist to gain access to the the adult locker rooms.

GATORADE



Hydration - Part of playing at one's best means staying hydrated. When an athlete fails to replace the fluids and electrolytes lost through sweat, they can become dehydrated. Gatorade re-hydrates better than water by putting the essential electrolytes back into an athlete's body and delivers carbohydrates that energize muscles and the brain. Participants should be instructed about the importance of adequate fluid consumption. Participants may be training outdoors in a hot and humid climate where dehydration can occur quickly. Gatorade is one of IMG Academy's Premier sponsors, and we have integrated the Gatorade Product Portfolio into our athletes' workout sessions. We want to take each participant's game to the next level, and Gatorade is committed to helping participants get there. Gatorade will be providing products strategically placed around campus to fuel Athletes on their athletic journey.

Participants will find:

- Gatorade Thirst Quencher: Proven hydration to replace what is lost through sweat. Available in coolers at your sport AND at both Gatorade Fuel Bars.
- Gatorade Recover: Protein to help rebuild muscle. Available in a Gatorade Recover Shake or Recover Bar for the end of the day either in the Gatorade Fuel Bars or at sport.

IMG ACADEMY GOLF CLUB

Enjoy the Pro Shop at the Golf Club before or after a round of golf on the 18-hole championship course.

[VISIT THE GOLF CLUB](#)

DUNLOP INNOVATION CENTER

IMG's on-campus pro shop features Dunlop rackets and accessories, string and stringing services, and more products to help take your game to the next level.

TOUR STUDIO POWERED BY COOL CLUBS

As the premier club fitter in the area, IMG's Tour Studio accommodates golfers of all levels. The Tour Studio is available by appointment and features access to our expert club fitter and coaches to ensure you're playing with just the right equipment.

[VISIT THE TOUR STUDIO](#)

IMG ACADEMY DIRECTORY

Please view the below list for a directory of phone numbers to ensure you have a convenient camp experience.

| | | |
|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| Campus Desk (941) 749-8747 campusdesk@img.com | Customer Support (941) 749-8660 campservice@img.com | Legacy Hotel (941) 245-1900 info@imglegacyhotel.com |
| Transportation (941) 752-2568 transportation@img.com | Health Services (941) 752-2479 healthservices@img.com | Dunlop Innovation Center (941) 749-8771 |
| Camp Advisor Main line 1 (800) 872-6425 | ProShop / BookStore (941) 749-8754 | IMG Academy Golf Club (941) 758-1466 |

Not sure who to contact?

Reach out to your specific Customer Support Specialist and we will connect you!

(941) 749-8660
campservice@img.com

AVAILABLE IMG ACADEMY PROGRAMMING

ADULT PROGRAMMING



CORPORATE RETREATS

Looking for an opportunity for your organization or business to experience all that IMG Academy has to offer while developing teamwork and communication skills? Explore IMG's Corporate Retreat options online by clicking this link. From a meeting setting to fully-customized programming with IMG's experts, our Corporate Retreat options are ideal for any group, organization, or business.

[CLICK HERE](#)



TOUR STUDIO POWERED BY COOL CLUBS

As the premier club fitter in the area, IMG's Tour Studio accommodates golfers of all levels. The Tour Studio is available by appointment and features access to our expert club fitter and coaches to ensure you're playing with just the right equipment.

[CLICK HERE](#)



GROUP RATES

Interested in attending camp with your friends or teammates as a group? Explore IMG's Group Benefits by clicking the link below.

[CLICK HERE](#)

YOUTH PROGRAMMING



IMG ACADEMY+ ONLINE COACHING

Honed from the proven methodology that has developed athletes on campus, IMG+ Online Coaching offers 1-on-1, group and on-demand programming in mental performance and nutrition coaching to help transform your game.

[CLICK HERE](#)



YOUTH SPORT CAMPS

IMG Academy offers sport camps for youth athletes in eight sports. Select a customizable program for the duration of your choice to maximize your potential through proven instruction with IMG's expert coaches. Learn more, and find out which camps are available through the link below.

[CLICK HERE](#)



COLLEGE RECRUITING SERVICES PROVIDED BY NCSA

It's never too early to get your child started on their recruiting journey. Next College Student Athlete (NCSA) is the world's largest and most experienced college athletic recruiting network. Student-athletes, 13 years or older, can create a free profile and gain recruiting exposure to NCSA's network of 35,000+ college coaches across 37 sports.

[CLICK HERE](#)



BOARDING SCHOOL (6-12 & POST-GRADUATE)

IMG Academy provides an all-encompassing approach to academics, athletics and personal growth that instills confidence and prepares student-athletes for college and beyond. To learn more about IMG Academy Boarding School click the link below.

[CLICK HERE](#)